

# National Athletic Training Month

March is national athletic training month! The 2024 tagline is, "From Head to Toe". [NATA](#) hosts multiple virtual engagement opportunities throughout the month during the celebration of the athletic trainers that work so hard to provide healthcare in a variety of settings. Click on an icon below to learn more.



[Press Resources](#)



[Press Templates](#)



[Other Resources](#)

## How will you celebrate NATM?

1. Show appreciation on social media
2. Organize an educational event
3. Host an athletic community activity
4. Work with HOSA or CTE programs
5. Reach out to ATs who have made an impact

[NATA](#) Members should have received the 2024 NATM poster in their February issue of the [NATA](#) news.



## AzATA Symposium Highlights

It was a memorable year in Mesa, Arizona for **AzATA**! Thank you to all who helped make this year's symposium another great success. Registration for the 2024 **AzATA** had to be closed early due to record attendance and maxing out the venue capacity!

Symposium stats:

- 259 attendees
- 23 total presentations
- 24.0 available CEUs
- 24 sponsors with 21 in-person vendors
- Over 50 raffle prizes for casino night



## Honors and Award Winners

**Steve Baca, AT & Crystal Fix, AT  
with Dr. Mesman**



**NAU Student Hannah Running  
with Dr. Mesman**

- Warren H Lee Athletic Trainer of the Year
  - Dr. Karen Hostetter PhD, AT, ATC
- **AzATA Service Award**
  - Steve Baca, AT and Crystal Fix, AT
- The Dr. Javier Cardenas Special Recognition Award for Physicians
  - Dr. Steven Erickson
- Special Recognition Award
  - Kristin Parmley PT, DPT
- Michael E. Nesbitt Scholarship
  - Hannah Running
- Lanny Williams Scholarship
  - Tess Herron, Rai Lalama, Lauryn Renae

To see current and past award winners, [click here](#)

## Symposium Highlights



Packed room for Elizabeth Garcia MS, ATC, CPT presenting on HCM and WPW



Fellow ATs practice BFR

Pelvic Floor Dysfunction Lab with Sydney Stevens, PT, DPT, PPRC



Casino Night!



## A Note from AzATA VP

Regardless of your membership status, we want to hear from YOU! Based on your opinions & experiences we want to make ACTIONABLE advocacy & change. Please fill out our survey if you are an AT in Arizona. We want to hear from you!

-Lauren Krasner Walsh

Click [here](#) to fill out survey 



# Quarterly Newsletter

March 2024



## RMATA Symposium

Register before March 11th to claim early bird registration registration fees and secure your spot at this educational and networking opportunity!

When: March 21-24, 2024

Where: Provo, Utah

CEU's available: 20.5



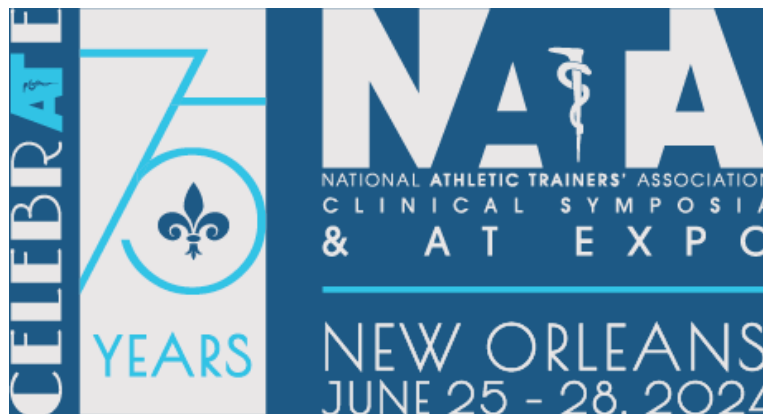
[Click or Scan QR Code](#)

## 75th NATA Symposium & Expo

When: June 25-28, 2024

Where: New Orleans, Louisiana

CEU's available: 20.0



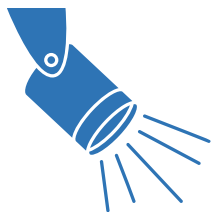
[Click or Scan QR Code](#)

The **NATA** convention is the largest exhibition of AT products & services in the world; make sure you get to experience it for yourself! Register by May 1st for early bird rates & register before June 6th to avoid late fees.

### Black History Month in Sports

Did you know ...

1. The first and only African American figure skating champion is Debi Thomas, who won an Olympic bronze medal in 1988.
2. Florence Griffith Joyner, aka "Flo Jo" was the fastest woman alive. She still holds records in the 100 and 200m races.
3. Charley Cooper was the first African American drafted in the NBA by the Boston Celtics in 1950.



**Want to nominate a colleague  
for the next newsletter?**

Fill out [THIS FORM](#)



The Arizona Board of Athletic Training's licensing portal is up & running. Activate your account [HERE](#) & renew your license, upload requested documentation, including dry needling registration. When preparing to apply or renew your **AT** license, make sure you have the IVP Level Fingerprint Clearance. Apply at the AZ Department of Public Service [HERE](#) to apply/renew your IVP fingerprint card.

### Tag us!



If you have a social media account for your school or employer, consider tagging [@azatanews](#) for more engagement!

*Follow AzATA on  
Social Media!*



Instagram  
[@azatanews](#)



X  
[@azata\\_news](#)



TikTok  
[@azatacommunications](#)



Facebook  
[Arizona Athletic Trainers' Association](#)

### Let the AzATA Boost your BOC Approved Event!

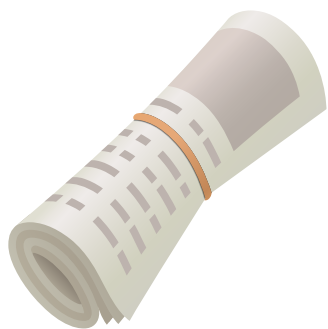
Do you have a BOC Approved Continuing Education event that you'd like to promote? Let the **AzATA** help you! Send the communications committee the information on your event, & we will post it on our social media platforms.

Email us - [communications@azata.net](mailto:communications@azata.net)



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### Submit your Story!



The **NATA** wants to hear from you! Do you have some exciting news to share about our profession? The **NATA News** is accepting story submissions for the publication. Any questions, please contact us at [communications@azata.net](mailto:communications@azata.net).



[azata.net/volunteer](https://azata.net/volunteer)

Are you ready to take the next step with the profession? Volunteering within the **AzATA** is a great way to give back, network, & drive your **AT** passion. Click the link & fill out the volunteer form!

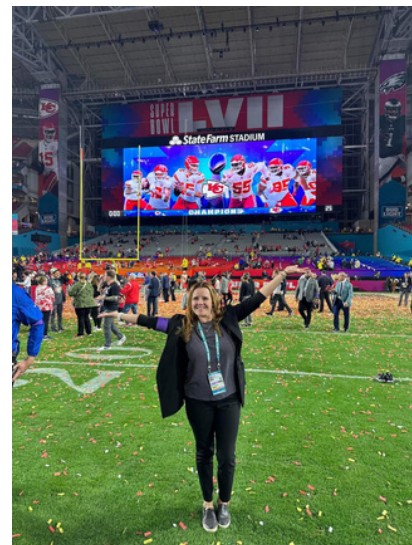
#### Our Committees:

Governmental Affairs, Honors & Awards, Meetings & Events, Professional Education Committee, Secondary Schools, Sponsorship, Communications  
Check out the [website](https://azata.net) for more info.





The Barrow Concussion Network (BCN) is honored to continue our relationship and support of the Arizona Athletic Trainers' Association. In the BCN's 11th year of operation, we are proud to hold true to our goal of addressing mild traumatic brain injuries in student athletes through research, preventative and professional education, and a network of care. To date, we have connected athletic trainers with our sports neurologists for over 700 second opinions. Additionally, we have provided our network athletic trainers with over 300,000 neurocognitive baseline tests, over 35,000 post-injury tests, and over 1,000 CEUs – all at no cost.



### Concussion Resources Available:

- ImPACT neurocognitive baseline and post-injury testing
- Second Opinion Portal connecting athletic trainers to sports neurologists
- Concussion education for parents, coaches, administration, teachers, or students
  - Classroom presentation
  - Free CEUs
- Concussion flyers in English and Spanish
- SCAT6s and Keychain SCAT6s

If you have any questions or would like additional information about our available resources, please email the program manager at [Lauren.Walsh@DignityHealth.org](mailto:Lauren.Walsh@DignityHealth.org).







## Banner Health Now Offers Orthopedic and Sports Medicine Services in Scottsdale

Banner Sports Medicine Scottsdale is a one-stop destination for sports medicine and performance services. Delivering a full range of sports-centered clinical services and performance-boosting programs, it serves patients and athletes of all ages and levels of play. This includes those at the youth/club, high school, collegiate, recreational adult and professional levels.

With everything from orthopedic, concussion and surgical care to physical therapy, performance training and sports psychology in one location, Banner Sports Medicine Scottsdale is a destination for all facets of athletic function, form and fortitude. It is staffed by a robust team of orthopedics, sports medicine and athletic performance experts working in unison to help athletes prevent or recover from injury and improve their game through evidence-based clinical and performance programs.

### Services

Included among the many medical, clinical and performance services offered at Banner Sports Medicine Scottsdale are:

- Orthopedic surgery
- Primary care sports medicine
- Concussion care
- Ambulatory surgery center
- Physical therapy
- Medical imaging
- Performance assessment and training
- Strength and conditioning
- Sports nutrition
- Sports psychology

### Serving all ages

Banner Sports Medicine Scottsdale serves athletes of all ages, from youth to adults. In partnership with Banner Children's, our sports medicine providers can evaluate and treat the unique needs of every youth athlete.

### Insurance

Clinical and medical services delivered are billed through insurance.

Banner Sports Medicine High Performance Center services are delivered on a cash pay basis. Insurance is not accepted.

Serving the Northeast Valley of Metropolitan Phoenix

### Banner Sports Medicine Scottsdale

7400 N. Dobson Rd., Suite 201  
Scottsdale, AZ 85256

### Phone

480-733-7400

Use the following prompts to reach your desired department:

Orthopedics: #1

Concussion: #2

Banner Imaging: #3

High Performance Center: #4

Banner Physical Therapy: #5

Banner Surgery: #6

### Fax

Orthopedics: 480-207-2117

Concussion: 480-207-2118

Scan the QR code to take a virtual tour:





## AzATA Sponsors Make it Possible!

2024 is well underway and we are thankful to our Sponsors who generously give to the **AzATA**. Their support goes far & wide in Arizona! If there is an organization that exemplifies the mission of the **AzATA**, please notify the sponsorship committee by emailing [sponsorship@azata.net](mailto:sponsorship@azata.net). Thank you, Sponsors!

### Executive Sponsors:



Sports Medicine

Thank you Our 2024 AZATA Sponsors!

## Platinum Sponsors:



**GRAND CANYON**  
UNIVERSITY

## Silver Sponsors:



The mission of the **AzATA** is to promote & advance **athletic training** as an allied health profession in collaboration with other healthcare providers & stakeholders, to care for the needs of the physically active.

## *A Message from the Board of Directors*

AzATA Members,

On Behalf of the AzATA Board of Directors,

Thank You!

- To the membership who attended the 2024 Winter Symposium in a 3-day max capacity event. With our largest event to date (300 HS Students, 300 Certified AT's & Professional Students, including many vendors), the Educational content & Casino Night networking was exceptional from the feedback provided.
- To the Committee Chairs & Committee Members, who dedicate countless hours to serve the AzATA Membership during the successful Winter Symposium and throughout the year!

The AzATA is committed to engaging communication among our membership. All members of the board & committees are available to hear your concerns. As the Board of Directors continues to work on behalf of the membership, we thank you for your engagement and service to our profession. During National Athletic Training Month, we are proud to celebrate with you in the abundant accounts of quality health care which athletic trainers providing patient care in a multitude of settings across the state of Arizona. While you continue your care of patients, we hope to all be reunited during events in the upcoming year, as it was great seeing many faces during the winter symposium in January. We look forward to further involvement for developing leadership in our association with roles being established & areas of need fulfilled.

We hope to see many of you in Provo Utah at the end of March for the RMATA ACS.

Dr. David Mesman DHA, MEd, AT, ATC  
President, Arizona Athletic Trainers' Association  
Assistant Professor, Athletic Training Professional Program

