

# The Arizona Athletic Training Times

## FROM THE PRESIDENT'S DESK

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AzATA Members:

I hope this letter finds you well, as most of us forge through another fall sports' season. I've always said that football is "job security" for athletic trainers. I would like to make you all aware of important AzATA activities and events:

- The AzATA Board is meeting on September 16<sup>th</sup>, in Tucson, to, again review by-laws, policies and procedures, and to make appropriate adjustments, which will require member approval. In addition, we are compiling a governance guide, so all of our leaders and committees will function optimally and efficiently. We will also prepare for our November budget meeting. If you have any input or suggestions, please contact the Board.
- We will have our winter symposium on February 9-10, 2008. We will, most likely have a 2-day meeting at the Crown Plaza Hotel in Phoenix. Please stay tuned for forthcoming program and registration details.
- The RMATA meeting will be held in Glendale, Arizona, on May 1-4, 2008. We definitely will need volunteers to pull off this great event. Let's show our district our dedication to our profession, and this annual meeting, and welcome all of our RMATA guests in May.
- Plans are in the works for our second annual AzATA raffle fundraiser. Last year was a resounding success. If you have contacts for valuable raffle prizes, please contact Jackie Kingma at [jkingma@atsu.edu](mailto:jkingma@atsu.edu)
- Eric Freas, our Honors & Awards Chair, is developing a permanent display for our Hall of Fame. We are hoping to house this fitting tribute to our deserved members at one of Arizona's professional sports venues. Our goal is to unveil the display, and announce the site, at our winter meeting. Thanks Eric for your tireless effort!
- Please try to always respond to the NATA and AzATA call to legislative action, when you receive an email requesting your voice (e.g. the most recent proposed rule changes by the Center for Medicare and Medicaid Services). They have made it quite easy to respond in a vital way, so that we can continue doing what we do so well!



I would be remiss in my presidential duties if I did not thank our outstanding board for all of their hard work, and our committee chairs for dedicating their time and effort to allow our association to thrive. Finally, let us all continue to be diligent in our efforts to represent ourselves and our profession with dignity and respect. Please let me know if I can be of any service to you as an individual, or to our amazing Arizona Athletic Trainers' Association, and keep abreast of all AzATA activity through [www.azata.net](http://www.azata.net)

Yours in good health,

Christopher A. White MS ATC LAT

### Special points of interest:

- Winter Meeting Save the Date
- Get Involved with a Committee
- New Editorial Assistant
- High School and College Student Committees Ready for the New Year

## Governmental Affairs Committee Update

The GAC has enjoyed a quiet summer as people took breaks from their busy schedules. John represented the AzATA by attending the State Leadership Forum meeting during the NATA convention in Anaheim. That was a helpful experience for learning more about how the NATA is supporting state-based legislative efforts, and for getting a better idea of the efforts and activities taking place in others states.

The GAC does have a fall meeting planned for late September / early October where we will plan our agenda for the coming months and especially the spring legislative session. Following that meeting, we will let you know exactly what you can do to assist us in our efforts. We do know that the 2008 Athletic Training Day at the Capitol will be open to all athletic trainers in the state – we'll need your support and attendance to build off of the success from the 2007 event. More information on this and other GAC activities to come.

*The Governmental Affairs Committee is:*

John Parsons, Chair  
AT Still University, Mesa

Mike Boese  
Tucson High School, Tucson

Debbie Craig  
Northern Arizona University, Flagstaff

John Herzner  
Rincon High School, Tucson

John Neel  
FitLife Health Systems, Scottsdale

Alison Snyder  
AT Still University, Mesa

Dan Wright  
Milwaukee Brewers, Milwaukee & Phoenix

*The Governmental Affairs Committee is supported by:*

Matt Anderson (Board liaison)

## Honors and Awards Committee

Eric Freas is moving over to being Placement committee chair so the Awards and Scholarships committee chair position is now open. Michelle Poppen and Michelle Gonzalez are the committee members for awards and scholarships. Currently awards committee is working on a new design and permanent place for the Hall of Fame display. If you are interested in becoming the committee chair person for awards and scholarships contact Scott Horton at Pima CC or through the Azata web site.



## Placement Committee

Eric Freas the committee chair for the placement committee. If you are interested in serving on this committee, please contact Eric at [efreas@flagstaff.apscc.k12.az.us](mailto:efreas@flagstaff.apscc.k12.az.us).

## AzATA News Committee



If you are interested in writing brief stories and articles for the Arizona Athletic Training Times, please contact Association Publisher, Tamara McLeod, PhD, ATC at [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu) or 480-219-6035. Students from all levels are welcome to join the committee.

## Professional Education Committee

The PEC is looking for a new committee chair. Duties include arranging the topics and speakers for the winter and summer meetings. Additional committee members for the PEC are also needed. If you have an interest in keeping up the tradition of exceptional continuing education programming please contact Becky Notestine, MS, ATC/L at [bnotestine@email.msn.com](mailto:bnotestine@email.msn.com).

## Save the Date: AzATA Winter Meeting

The AzATA Winter Meeting is set for Sunday February 10  
at the Crowne Plaza Hotel  
2532 W. Peoria Ave (I-17 & Peoria Ave)  
Phoenix, AZ 85209  
888-797-9878

Attendees can reserve a room at the Crowne Meeting Rate (under AzATA)

For more information, contact Terri Groessel at 480-965-9132

## The Final Practical Exam



Photo submitted by Michelle Poppen

Thank you to all of the BOC volunteers who have assisted with the administration of the BOC exam in Arizona. Special recognition to Eric Freas for his leadership and to A.T. Still University for providing the test site.

**Thank you to all who have been  
involved in the BOC exam over the  
years!**

## Student Corner

Jessica Martinez, ATC

### New Editorial Assistant Joins the AzATA News

Jessica Martinez is in the 2<sup>nd</sup> year of the post-professional athletic training program at A.T. Still University- Arizona School of Health Sciences. She is currently the Assistant Athletic Trainer at Corona del Sol High School in Tempe, AZ. Her research interest include outcomes assessments in the adolescent population.



### AzATA College Student Committee

Would you like to take part in the AzATA College Student Committee? Currently, we have representatives from only the 4-year institutions and are seeking to reach a wider range of students. Thus, those students at community colleges are encouraged to join us! If any college student is interested in being on the committee, please contact me at the following email address:

Dr. Debbie Craig  
 Program Director – Athletic Training Education  
 Northern Arizona University  
[Debbie.Craig@nau.edu](mailto:Debbie.Craig@nau.edu)

We will begin planning the College Student Break-Out Sessions for the winter AzATA meeting during September. Thus, I will need your name and contact information soon! We're looking forward to another series of excellent presentations this February.

### ATSU Athletic Training Student Association Update

The Athletic Training Student Association (ATSA) at A.T. Still University-Arizona School of Health Sciences has concluded another year of association activities. A major goal for the year was to involve students in activities to benefit the surrounding community and increase association fundraising. ATSA adopted a local family during the winter holiday season and efforts were made to collect necessities, including clothing and food. The collection was extremely successful and the Association plans to adopt another family this coming winter.

ATSA also instituted a campus-wide "Pop-Tabs War" to collect aluminum tabs for the Ronald McDonald House Charities pop tab collection program. The goal of the Ronald McDonald House Charities is to create a "home away from home" for families of seriously ill children receiving treatment at nearby hospitals. The House serves as a temporary residence near the medical facility where family members can stay and find support from other families in similar situations. Families are asked to make a donation ranging on average from \$5 to \$20 per day, but if that isn't possible, their stay is free. Therefore donations and fundraising are very important to the viability of this charity. The ATSU-ASHS Pop Tab War was very successful and will become an annual campus-wide event.

Additionally, ATSA organized a variety of fund-raising events throughout the course of the year. The funds from these events were used to help assist students in financing the trip to the NATA Annual Conference and Symposium in Anaheim, CA. Fund raising was successful and resulted in a strong presence of ATSU-ASHS students in Anaheim. ATSA plans to continue to focus on these areas and hopes to expand areas of involvement in the coming year.

**Student Corner****Jessica Martinez, ATC****High School Student Committee**

Welcome back to school high school students and high school A.T.s. I am T.M. (Gerilyn Trulove-Mellor) and I am your High School student committee chair. I am currently in the process of proposing a webpage for the AZATA website and working on a program proposal for high school students at the February AZATA meeting. If you have any ideas or suggestions for either of these projects feel free to e-mail me at [gktrulov@mpsaz.org](mailto:gktrulov@mpsaz.org). Thank you in advance.

**NAU Athletic Training Camp Is A Hit**

“After attending the NAU Athletic Training Camp I gained a greater appreciation for the career of athletic training and left it with far more skills than I came to camp with. I loved that the NAU athletic training staff laid out what type of courses that we would need to take in college if we wanted to pursue athletic training as a career. They also showed us where some of the classes would be held, and explained the curriculum; including the long hours that are needed to be successful in the program and the career. The skills I learned were very valuable and I was able to apply them to the athletic training I am involved with at Corona del Sol. The NAU Athletic Training Camp had great instructors who were professional, patient, and connected extremely well with the campers. The experience was insightful, motivational, and a lot of fun! I would love to attend this camp again!

Amanda Silberschlag (Junior at Corona del Sol High School, Tempe, AZ)

**NAU Update**

It's that time of year when a majority of our athletes return to grunt out double days, the monsoons bring a cleansing air of change, and we all take a deep breath, put our heads down and begin the trek into our fall semester. The coming school year brings big changes to the NAU ATEP. We have hired a third faculty member, Dr. Rebecca Cheema, who brings in a wealth of experience – both clinically and didactically. Dr. Cheema joins us from the University of Hawaii, Manoa, where she headed up the Athletic Training graduate program. Prior to that, she was the Program Director for the California State University, Fresno undergraduate ATEP, for 9 years. Most importantly, Dr. Cheema is a warm and happy athletic trainer that I believe everyone will enjoy talking with if you get the chance to meet her.

We are welcoming in our largest group of new students in the short history of our program this fall! We have accepted 20 new students into the program and are excited to get them up and running in our NAU ATEP family. We also put on our first annual Summer Athletic Training Camp for High School students in June. It was a great success and we had a lot of fun meeting some of the young athletic training students in the state! Big thanks go out to Mr. Scott Ellis, who coordinated the camp events, and Ms. Carla Williamson, our Program Coordinator, who kept track of all of our paperwork and financial aspects of the camp. We are excited to offer the camp again next summer! So, be checking our program website later this fall for the camp dates and on-line registration ([www.nau.edu/hp/at](http://www.nau.edu/hp/at))..

For current high school students who are interested in pursuing Athletic Training as their profession, we will host our Fall Recruiting Day in late October. This event includes an informational session about our ATEP and the profession in general, a barbeque tailgate party, and tickets to one of our home NAU football games. Please keep an eye on our program website for more details as we get the date set.

Have a wonderful fall season everyone!

Debbie I. Craig, PhD, ATC, LAT  
Program Director – Athletic Training  
Northern Arizona University



## ARIZONA ATHLETIC TRAINERS' ASSOCIATION

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### Safe in Sports

Visit us on the web  
[www.azata.net](http://www.azata.net)

Printed copies of the Athletic Training Times are available by request. Please contact the newsletter editor.

## Editor's Notes

As you probably noticed, the newsletter has taken on a little design change at the request of the board. We have also added the student corner and encourage submission by high school and college student members. We've added a member profile section and if you would like to suggest an ATC for us to profile, please contact Amy, Bethany, or Tamara.

Tamara Valovich McLeod: [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu)

Jessica Martinez: [jmartinez@atsu.edu](mailto:jmartinez@atsu.edu)

The newsletter will continue to be published 4 times throughout the year (June, September, December, and March) with the deadlines for submission for each issue listed below.

<u>Issue</u>	<u>Submission Deadline</u>
September	August 20
December	November 20
March	February 20
June	May 20

Safe in sports,

*Tamara*