

# The Arizona Athletic Training Times

## FROM THE PRESIDENT'S DESK

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AzATA Members:

It is with a deep sense of gratitude and appreciation that I greet you, after our amazing Winter Symposium, Awards Luncheon, and 30<sup>th</sup> Anniversary Celebration, that was held on February 11<sup>th</sup> at Xavier College Preparatory and Brophy College Preparatory. Our kickoff social on Saturday evening, February 10<sup>th</sup>, provided a great opportunity to relax, network, and share our experiences. The party officially began the instant Mike Nesbitt walked in the door! Mike's passion and enthusiasm are palpable and contagious; a great catalyst to make us all feel like we, as athletic trainers, are doing something very meaningful and worthwhile. Mike, thanks for the inspiration! We had over 300 attendees at our February 11<sup>th</sup> event: what a great tribute to 30 years as an association.



As always, Ian McLeod came through with a program that was diverse, useful, and appropriate. If you get a chance, please thank him for putting together another fine professional education event.

Our annual awards luncheon is always, for me, very satisfying. Harper Great Hall at Brophy was a nice venue to thank the honored guests who have strongly supported athletic training in Arizona, including University of Arizona team physicians, Richard Toll, Jon Wang, and Felix Jabczynski; Northern Arizona team physician George Hershey; Phoenix Suns physician Richard Emerson; High School and Milwaukee Brewers team physician Tom Forrester; and Tucson Unified High School District Athletic Director, Dr. Sheila Baize. It was especially gratifying to see our original Hall of Famers, Mike Nesbitt, Gary Delforge, and Troy Young, reunite, and reminisce. With Warren Lee, these "founding fathers" had the original vision for AzATA formation and development. Their influence still guides us today, as we try to fulfill the mission they created. Scott Linaker and Matt Webber, our other Hall of Famers, also received recognition during our luncheon, and still carry the bright torch of wisdom and leadership that our pioneering founding fathers ignited. Our past presidents, including Scott Farnsworth, Jack Baynes, George Goodridge, and Bob Howell were acknowledged and thanked, as well as former secretary Cindy Seminoff and committee chairs, Mike Stratton, Michelle Gonzales, and Leslie George. Rick Ball, our perennial power of business and legal advice, was also appropriately honored. It was Ben Carbajal (Pima Community College) who suggested the idea of celebrating 30 years as an association, and there were so many others that should have been publicly recognized and thanked.

*Continued on next page.*

### Special points of interest:

- Save the Date for the Summer Meeting: July 20-22
- Award Winners
- Networking Opportunities Online
- NATA Foundation Update
- NATA Focuses Attention on High School Students

## FROM THE PRESIDENT'S DESK, cont'd.

As we continue our adventure, let us, together, as an association of friends and professionals, be diligent, and focused in our efforts to always respect and dignify the people who got us here, and the people we serve on a daily basis. Let us find a healthy balance in our lives, giving our families, as well as our profession, the attention they need and deserve. Being a part of the AzATA and other athletic training organizations, has always been a source of energy and motivation for me: I cherish and value the relationships I've established and the inspiration I get from my colleagues. I encourage each of you to reflect on how you can, no matter how insignificant it may seem, contribute to our continued growth and success as an association. Here are a few suggestions:

- 1) Obtain a National Provider Identification (NPI) Number. This is very important so our members can continue doing what we do best (more information in this newsletter). Website is:  
<https://npes.cms.hhs.gov/NPPES/StaticForward.do?forward=static.npistart>
- 2) Consider joining a committee (a postcard will be sent in March or April citing our needs)
- 3) Sell or buy raffle tickets! (this is our primary fundraiser, to help with important legislative efforts and support association activities and there are some great prizes)
- 4) Buy a 30<sup>th</sup> Anniversary Commemorative Poster (email me at [cwhite@brophyprep.org](mailto:cwhite@brophyprep.org) to order (\$15.00): a great gift, athletic training room decoration, and promotional tool!
- 5) Attend AzATA symposia and never stop learning...

As always, I thank the AzATA Board for their support and tireless effort, and you, the AzATA members, for your contribution and enthusiasm. Let us all repeatedly rejoice, with the creed we bellowed as we kicked off our winter symposium.... **"It's a great day to be an athletic trainer!"**...



Respectfully,  
Chris White, AzATA President

## DID YOU KNOW?

**Only 11.72% of Athletic Trainers in Arizona currently have their NPI Number.**

If you have not yet registered for your NPI number you are doing the profession of athletic training a great disservice. It takes 10 minutes to do completely online if you simply follow the instructions below and doesn't cost anything. If you consider yourself a healthcare provider, you should have an NPI number.

For more information see page 5 of this newsletter.

## Governmental Affairs Committee Update

At the start of 2007, the GAC finds itself in the middle of three interesting and important initiatives. Two of these, the Key Contacts Program, and the first annual Spring "Safe Sports" Raffle" were rolled out at the annual meeting on February 11<sup>th</sup>. The first of these programs, the **Key Contacts Program**, is an effort to identify those members who are interested as serving as our point-people in individual districts across the state. They will be called upon to contact and visit their state representatives in the event that we need to quickly communicate with that representative about an issue that affects the practice of athletic-training. In many ways, these volunteers will act as an extension of the GAC.

The second program, the **Spring "Safe Sports" Raffle** is an attempt to help the association reach the financial goals that have been established by the Board so that the AzATA can continue to meet the needs of athletic trainers in the state. Included in these financial goals is raising \$70,000 - \$80,000 by 2010 in support of efforts required for the sunset process of our licensing bill. Raffle ticket packets were distributed to over 100 members at the state meeting, and those members have until March 8<sup>th</sup> to sell as many tickets as they can. The drawing will be held on March 21<sup>st</sup>. The GAC is excited about the prizes we were able to secure through the generous donations of businesses and athletic trainers throughout the state. We're hoping this raffle becomes an important and anticipated event in the annual lifecycle of the association.

The third initiative is **2007 Athletic Training Day at the Capitol**. This event is currently scheduled for March 7<sup>th</sup>, and will promote National Athletic Training Month which begins March 1<sup>st</sup>. For this event, a small group of athletic training leaders from across the state will visit the State Capital for the purpose of increasing the awareness and recognition of athletic training amongst our state legislators. Attendees will participate in one-on-one meetings with their state representatives, attend the House Health Committee meeting, and have lunch with several representatives with ties to the athletic training community. Please look forward to our report on that event in future newsletter columns.

After a year of hard work and planning, the GAC finds itself in a very stable membership position. The committee is currently composed of seven dedicated and hard-working athletic trainers from across the state. These members are committed to pursuing the legislative efforts that will be required to improve the practice of athletic training in the state of Arizona for years to come. To that end, the committee has decided that there are four primary areas of governmental affairs responsibility. These areas include:

- Member education and communication
- Strategy
- Public Relations and Lobbying
- Budget and fundraising

In the last 15 months, the committee has either been involved or is currently involved in activities within each of these areas of primary responsibility. Together, the committee feels that activities in all of these areas will best ensure success in our legislative agenda in 2010.

As always, if you have questions, please don't hesitate to contact me or any member of the GAC. We look forward to working on your behalf.

AzATA GAC  
jparsons@atsu.edu

## AzATA Committee Vacancies

The AzATA is looking for individuals to fill the following committee vacancies. If you have an interests in advancing yourself professionally and aiding your state association, please contact Chris White (cwhite@brophyprep.org).

### Committee Chair Openings:

- *Meetings and Events:* coordinate the venue, catering, and registration for the AzATA Winter and Summer Meetings
- *Professional Education:* coordinate the program and recruit speakers for the AzATA Winter and Summer Meetings (to take over for 2008 winter meeting)
- *Webmaster:* update the AzATA webpage
- *High School Student Committee:* Lead the high school student committee, work with PEC chair to coordinate the high school program and the AzATA Winter Meeting
- *Placement:* Keep the membership informed of job opportunities in the state.

In addition, many committees are looking for additional members to assist with ongoing committee duties. Please see the AzATA webpage [www.azata.net](http://www.azata.net) for a list of committee chairs and their contact information.

## AzATA Celebrates 30 Years!

The AzATA celebrated 30 years at the 2007 Winter Meeting. As part of the awards luncheon, the AzATA honored numerous guests who have contributed to the AzATA and the athletic training profession in the state. Honored guests included: Dr. George Hershey (NAU team physician), Dr. Tom Forrester (former HS and Milwaukee Brewers team physician), Dr. Richard Emerson (former Phoenix Suns team physician), Dr. Felix Jabczynski (former U of A team physician), Dr. Sheila Baize (Tucson Unified School District Athletic Director), Dr. Richard Toll (former U of A team physician), and Dr. Jon Wang (U of A team physician).



Also honored were former AzATA presidents and AzATA Hall of Famers, including: Jack Baynes, Gary Delforge, Bob Howell, Matt Webber, Mike Nesbitt, and Scott Linaker.



## Thank You to Our Outgoing Committee Chairs and Board Members

Mike Stratton - Fundraising

Michelle Gonzalez - Meetings and Events

Cindy Seminoff - Secretary

Leslie George - High School Representative

Jack Baynes - President



## Are You a Healthcare Provider? If So, Get Your NPI Number.

NATA strongly encourages all Athletic Trainers to register for their **National Provider Identifier number (NPI)** “NATA views having an NPI number like having a state license: it’s a professional requirement and adds credibility to both the individual and the profession,” says Cate Brennan Lisak, director of external affairs. “Once ATs get their NPI number, it will be theirs forever -- no matter where they work. There’s no downside to having an NPI number.” Applying for an NPI number is quick, easy and free. However, only 17% of athletic trainers across the country currently have an NPI Number. This percentage is even lower in Arizona.

“I’m afraid that NATA members who don’t have their NPI number are truly limiting their future job opportunities as well as *harming the athletic training profession.*” said Lisak. “I’m certain that the government will use the NPI number to project all-important labor figures, access student loan programs, Medicare reimbursement projections and many other uses. Without a high percentage of participation, athletic trainers will lose ground as federally recognized health care providers.” It is important that all athletic trainers do their part and obtain an NPI number.

The National Provider Identifier is the result of the mandate in the 1996 Health Insurance Portability and Accountability Act (HIPAA) that the Secretary of HHS establish a standard national provider identifier. Though all healthcare providers will be eligible to receive NPI’s, covered healthcare entities will be mandated to use the NPI as the sole provider identifier on all HIPAA electronic transactions. The 10 digit number will be assigned by a CMS-funded NPI “Enumerator” through the NPPES (National Provider and Plan Enumeration System). The NPI is a numeric 10 digit identifier, consisting of 9 numbers plus a check-digit in the 10th position. It is accommodated in all standard transactions and contains no embedded information about the healthcare provider that it identifies.

When filling out your application use: **Provider Code 22** (Respiratory, Rehabilitative & Restorative Service Providers) and **Taxonomy Code 2255A2300X** (Athletic Trainer)

To Apply go to: <https://nppes.cms.hhs.gov/NPPES/StaticForward.do?forward=static.npistart>

To view the CMS Background and Application Process Information for Healthcare Providers Viewlet. This may take a few minutes to load. <http://www.cms.hhs.gov/apps/npi/npiviewlet.asp>

**If you consider yourself a healthcare provider, you should have an NPI number, period.**

## Congratulations AzATA Award Winners

### **Warren H. Lee Certified Athletic Trainer of the Year:** John Parsons, MS, ATC

John Parsons is an Assistant Professor of Athletic Training at A.T. Still University. He also, chairs the AzATA Governmental Affairs Committee. John was nominated for this award because of his tireless efforts to promote legislative issues and his commitment to the AzATA. "From the moment John took charge of the GAC Committee, he has exuded tremendous energy and passion. He quickly recruited a committee of outstanding, involved participants, and worked closely with Rick Ball and Susie Canata, our lobbyist, to develop educational seminars for our members. He astutely realized that this was the key to success for our future AzATA legislative efforts. John is currently working on committee fundraising efforts, and organizing an Athletic Training day at the capitol in March, to promote athletic training and make key legislative contacts." notes, Chris White, AzATA President.



### **Lanny Williams High School Student Athletic Trainer of the Year Awards**

Baeley Haught, is a senior at Highland High School. As an athletic training aide she has learned to be motivated and to love what you spend all your time doing. Baeley's supervising athletic trainer, Dave Hayward, ATC notes that, "Baeley's dedication to the program has shown by her decision to work weekends and leave the weeks open for her participation in the athletic training program. It is often hard to find a student who will place athletic training on the top of their priority list, and Baeley is one that has done that." She will be attending NAU next year and applying to the Athletic Training Program.

Claire Williams is a senior at Highland High School. She feels that work ethic is the most important thing she has learned during her time working as an athletic training student aide. Claire plans to attend NAU next fall to become an athletic trainer. According to Dave Hayward, ATC, "Claire is an extremely intelligent individual who is able to work independently and focus on her goals. Claire is also very mature, personable and dependable, and she takes initiative to complete tasks in the athletic training program. She will often have tasks completed without my direction, which separates Claire from other students."

Stephanie Manzanedo is a senior at Sahuarita High School. One of the most important things she has learned from athletic training is to be calm under pressure because the athlete looks to you to see if they are ok. She would like to have Mr. Morales' ability to forget everything he is thinking about to focus on the injury that suddenly happened. Stephanie will be attending the University of Arizona as a nursing major and plans to attend medical school to become an orthopedic surgeon. Her supervising athletic trainer, Pete Morales, ATC, states that, "Stephanie has been a loyal member of my program for three years. She enthusiastically puts in countless hours without complaint. She's very ambitious and will be a success in life regardless of the field she pursues as a career."

Jenna Williams from Red Mountain High School.

Michele Karpinsky from Red Mountain High School

**College Athletic Training Student of the Year:** Alysia Tenuta, Scottsdale Community College



Lanny Williams High School Athletic Trainer of the Year Winners

## Sharon Baltmanis Awarded for Work With Girls on the Run

Sharon Baltmanis, MS, ATC, Assistant Professor and Clinical Coordinator of Athletic Training at Grand Canyon University was recently honored for her volunteer work with Girls on the Run. Baltmanis was presented with a Crystal Award in an event sponsored by A.T. Still University to celebrate those in the community who make a difference in the lives of others. Girls on the Run is a national non-profit educational and running program for pre-adolescent girls (ages 8-11) that strengthens girls physically, emotionally, and socially to face the pressures of adolescence in their future. The goal of Girls on the Run is to empower girls early in their lives to find strength, courage and self-respect from within and draw upon it throughout their lives, with the national objective is to help prevent teenage pregnancies, substance abuse and eating disorders. Baltmanis has been instrumental in starting the Maricopa Chapter of Girls on the Run and has worked tirelessly to promote the program, organize the coaches and races, and recruit volunteers. If you are interested in assisting the group as a volunteer or running buddy, please contact Sharon at [sbaltmanis@gcu.edu](mailto:sbaltmanis@gcu.edu). The Crystal Awards are presented annually by A.T. Still University to honor individuals, non-profits, businesses, and organizations who make community service a priority and improve the lives of others.



Sharon Baltmanis, MS, ATC with ATSU President Dr. James McGovern at the Crystal Awards.

## Jackie Kingma Leads Sponsorship Committee

My primary goal as the chair of the Sponsorship Committee is to take the lead in procuring funds to support the activities of the AzATA, which include quality continuing education, legislative activities, and scholarship programs. At this time, I anticipate that goal to be achieved by holding 1-2 annual fundraising events and through the solicitation of corporate sponsorships. Presently, my fellow committee's members include Michael McKenney, Dave Edwards and Greg Pott. I appreciate their commitment and willingness to serve on this committee.

In order for this committee to be successful, it will need to the support and participation of all AzATA members. We will be calling upon the membership to participate various activities such as the fundraising events. The strategy of the committee will be to maximize member participation, therefore, minimizing the out-of-pocket costs to the individual members.



My hope is to add two more members to this committee targeting individuals from the north and south of the state. If you are interested in serving on the Sponsorship Committee, please contact me directly at [jkingma@atsu.edu](mailto:jkingma@atsu.edu) or 480-219-6033.

## Looking to Network? Join a ListServe

For many athletic trainers, staying connected to the athletic training profession and other athletic trainers is a very important part of their job. The opportunity to network with other athletic trainers, share ideas, and learn from each other is a way to develop professionally. One way in which athletic trainers can stay connected is through joining one of the many specialty email lists. While no one wants to be inundated with emails in their inbox, many of the listserves listed below offer digest options in which the user can decide to get one daily or weekly email, or even just login to the server and view the posts on a website. Find one that interests you and join today!

**Women in Athletic Training Committee:** Discussions about mentoring, leadership, professional development, health of the female athlete, and life balancing for male and female athletic trainers: <http://health.groups.yahoo.com/group/NATAWATC/>

**Athletic Training Educators:** Discussions for educators in athletic training programs: [http://health.groups.yahoo.com/group/athletic\\_training\\_education/](http://health.groups.yahoo.com/group/athletic_training_education/)

**Athletic Training:** General athletic training discussions: "ISU ListProc(tm)" [listproc@lists.indstate.edu](mailto:listproc@lists.indstate.edu)  
Send an email message to the above address, with the following information in the body of the e-mail:

SUBSCRIBE ATHTRN-L YOURFIRSTNAME YOURLASTNAME

**College Athletic Trainers' Society:** Discussions pertaining to those in the college setting and general athletic training issues: <http://health.groups.yahoo.com/group/collegeatc/>

**High School Athletic Trainer:** Discussions for those in the high school setting and general athletic training information: To subscribe to HS-ATC, simply send an email to [hs-atc@lawrenceville.org](mailto:hs-atc@lawrenceville.org) with the word "Subscribe" in the subject line.

**Athletic Trainers in the Clinical/Industrial/Corporate setting:** Discussions pertaining to the clinic, industrial and corporate setting as well as general athletic training issues:

<http://health.groups.yahoo.com/group/athletictrainingCICsetting/>



## Save the Date: Summer Meeting

Join us in Flagstaff July 20-22 for the AzATA Summer Meeting. Enjoy the cool Flagstaff weather, network with other athletic trainers and attend an exciting and informative education program. There is plenty to do for the family too!

More details coming soon.

## ATSU Receives Grant to Study Concussion Digital Diagnosis Tool

The Athletic Training Program of A.T. Still University recently received a grant of \$14,330 for a project entitled, **“Heads Up! The Usage of Digital Diagnosis Tools for Sideline Concussion Assessment in the Youth Athlete.”** The overarching purpose of this project is to establish and maintain a safe sporting environment for Phoenix youth, with a primary focus upon injury prevention. Specific goals are to introduce and implement the digital diagnosis tools to improve the recognition and reporting of sports concussion episodes and to train and assist the participating personnel with recording, reporting and tracking, the baseline and post-injury measurements of the youth athletes who have sustained a sports concussion. The study will start this spring with the recruitment of high school athletic trainers and youth sports organizations to participate. Study investigators will assist athletic trainers with baseline



testing of athletes this spring and early next fall and athletic trainers will be given a pocket PC (PDA) that contains a brief concussion history, symptom scale, mental status, and balance tests. “Our goal is to make the baseline and post-injury concussion evaluation more effective through the use of a handheld device instead of the traditional paper forms that many athletic trainers currently use.” said Principal Investigator, Tamara Valovich McLeod, PhD, ATC.

Athletic trainers interested in participating in this project should contact Dr. McLeod at [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu) or 480-219-6035. Participating athletic trainers will receive a handheld device for the study duration and a small stipend for their time and effort.

## Share Your Knowledge at the 2008 Annual Meeting

The NATA is now accepting proposals for workshops and clinical sessions to be held at the 2008 NATA Annual Meeting & Clinical Symposia in St. Louis, June 17-21, 2008.

To submit your proposal for 2008 workshop and clinical session programming, fill out the online [Workshop Proposal Form](http://www.nata.org/annualmeeting/2007/proposal_forms.htm) or [Clinical Session Proposal Form](http://www.nata.org/annualmeeting/2007/proposal_forms.htm) available at: [http://www.nata.org/annualmeeting/2007/proposal\\_forms.htm](http://www.nata.org/annualmeeting/2007/proposal_forms.htm)

**THE DEADLINE FOR WORKSHOP AND CLINICAL SESSION PROPOSALS IS JULY 15, 2007.**

The NATA Convention Programming Committee will evaluate all workshop and clinical session proposals, and will select those for educational programming at the 2008 NATA convention in Anaheim.

For more information, visit the Annual Meeting section of the Web site or contact Melva Beckles in the NATA Meetings Department at (800) 879-6282, ext. 131 or [melvab@nata.org](mailto:melvab@nata.org).

**Time is limited, so log on now to submit your workshop and clinical session proposals!**

## NATA Foundation Updates

In 2006 we had a very successful year. I am pleased to announce that the contributions made to the Foundation at last year's AzATA winter meeting were the most ever collected by one state during a state meeting. Thank you for your support. Because of your support and the support of athletic trainers across the country, The Foundation was able to award over 70 student scholarships, 3 of which were awarded to students in District 7. Last year, we were able to provide research grant funding of over \$175,000 to support the advancement of athletic training research. Three of the grants were awarded to individuals in our district.

Our outlook is even greater for 2007. The NATA Foundation will again be sponsoring the welcome reception at the Annual Meeting in Anaheim, this time in combination with an Angels baseball game. Hopefully with the meeting so close, we will have good representation from District 7. In addition, one of our main goals for the upcoming year is a push to endow all established scholarships including the Gary Delforge Scholarship, that is often awarded to one of the students in our district. Endowing the scholarship program will enable The Foundation to continually provide support to deserving athletic training students, ensuring the future of the athletic training profession. Another goal for the upcoming year is to increase the scholarship award amount to \$2300.

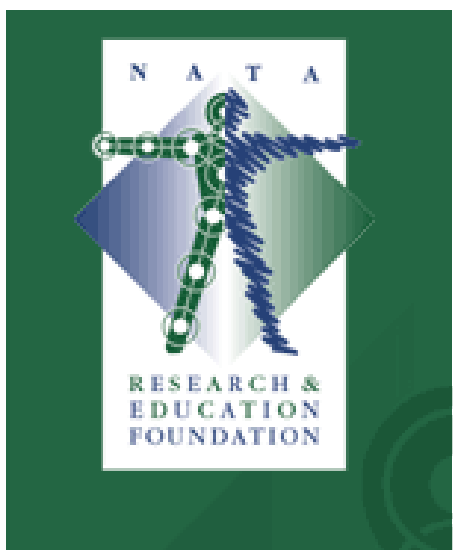
Finally, the Foundation, in cooperation with NATA Inc., will be hosting an Outcomes Summit in May to discuss and implement new research initiatives that will be of benefit to all athletic trainers and the profession. As you heard from Dr. Alison Snyder at the winter meeting, clinical outcomes assessment and outcomes research is essential to the advancement of the profession.

I would like to thank you again for your previous support of the NATA Foundation and encourage you to make a contribution, however large or small, in 2007. Contributions can be made directly to the Foundation from the website:

<https://secure.e-builders.net/forms/onlinedonform.htm> or forms can be downloaded from <http://www.natafoundation.org/annualfund.html#pledge>.

Thank you for your continued support and let's show them how generous Arizona is.

*Tamara Valovich McLeod, PhD, ATC is the District 7 Member to the NATA Foundation Board of Directors. She can be reached at [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu) or 480-219-6035.*



## The Arizona Ironman Triathlon Needs You

As the recruiting captain and as part of On-Site Sports Medicine, a non-profit organization founded by Dr. David Carfagno and Dr. Joe Yusin in 2006, I am looking to recruit a number of volunteers to work the medical tent at the IRONMAN Arizona on April 15th.

**This event will be unlike any other event in which you have had the privilege of being associated. Ironman Arizona begins at Tempe Beach Park with a 2.4 mile swim, followed by a 112 mile bike ride to Fountain Hills and back, and finishing with a marathon (3 loops around Tempe Town Lake).**

This is an excellent opportunity to gain some valuable experience in the treatment of some of the world's most intense and fit athletes. As athletes come into the tent, they will be treated by us and then triaged to further medical professionals within the tent as necessary. Medical personnel within the tent will be providing full medical coverage including Intra-venous treatment for dehydration and fatigue, orthopedic concerns, hyponatremia, heat illness and others.

Please help us in being a part of this amazing athletic event. WE NEED HARD-WORKING, ENTHUSIASTIC, AND KNOWLEDGABLE MEDICAL VOLUNTEERS!

There will be a medical volunteer meeting in March (date TBA) in which a few short medical talks will instruct volunteers on common ailments, treatments and other situations to expect. We will make sure that if this is new to you;... that you will be ready on race day for an amazing experience.

**BELOW ARE THE WORK SHIFTS FOR RACE DAY.** Your help is most appreciated during shifts 3 & 4!

Shift 1: 7am to 10am: Skeleton Crew

Shift 2: 10am to 3pm: Skeleton Crew

Shift 3: 3pm to 7pm: Full Shift # 1

Shift 4: 7pm to 12am: Full Shift #2

Thank you very much for considering. Please e-mail or call if you have question or are interested.

Aaron Witwer  
Recruiting Captain  
On-Site Sports Medicine  
cell: 602-790-3145  
[witwera@gmail.com](mailto:witwera@gmail.com)

## Send Us Your News!!

Let the AzATA membership know what is going on in your athletic training program. Please send us news updates, items of interest, editorials, or any other piece for future issues of the Arizona Athletic Training Times. Deadline for the next issue is May 20, 2007. News should be sent to Tamara McLeod at [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu).

## Student Corner

Amy Freeman, ATC and Bethany Rogers, ATC

### The High School Connection for Future Athletic Trainers

Attention all High School Athletic Trainers with Athletic Student Trainer Aides.

The NATA has just launched **The High School Connection**, a new subscription service for high school students interested in learning about and possibly pursuing a career in athletic training. The subscription includes access to a new online section, and the printed edition of the *NATA News*.

You can check out the sign-up page here: [www.nata.org/highschoolconnection](http://www.nata.org/highschoolconnection) and you can access what subscribers get by going here (use your NATA member ID and password to log in):

<http://www.nata.org/members1/hsc/>

Remember: High school students who subscribe to this will not have full access to the NATA Web site -- just access to The High School Connection pages. It's available as a pro-rated subscription (priced according to what time of year the student subscribes). Please note that NATA will be adding more to the HSC pages right now -- including videos, Education Info and Student Info.

### Scholarship Opportunity for High School Student Aides

**Secondary school athletic trainers and athletic training students:  
help spread the word!**

Applications are now being accepted from high school seniors for the Jack Cramer Scholarship.



In conjunction with the NATA's Secondary School Athletic Trainers' Committee, one \$2,000 scholarship is awarded annually to a deserving high school senior who's planning to embark on a career as a certified athletic trainer in a high school setting. The award will be paid directly to the institution which provides an approved curriculum that enables the candidate to sit for the BOC exam.

Visit [www.nata.org/cramerscholarship/index.htm](http://www.nata.org/cramerscholarship/index.htm) for more information.

**Student Corner****Amy Freeman, ATC and Bethany Rogers, ATC**

## ASHS-ATSU Athletic Training Student Association Update

The Athletic Training Student Association at A.T. Still University - Arizona School of Health Sciences is planning a month full of activities and celebration for National Athletic Training Month. The association is kicking the month off with a high school workshop that is being provided to the Tucson Unified School District. This workshop is designed to provide the high school students with the opportunity to learn more about the human body. The rest of the month will contain such items as raffle basket, St. Patrick's Day bake sale, soda tab collection competition, and daily announcements providing education facts about athletic trainers and our profession. The month will conclude with another high school workshop open to any school in the state that is interested in bringing their students to ASHS for a day of learning, anatomy, pizza, prizes, and fun. That is what the student association has in store for the month of March to celebrate our profession and association.



### High School Athletic Training Workshop

The Athletic Training Student Association at A.T. Still University – Arizona School of Health Sciences is holding a high school athletic training and anatomy workshop on Friday, March 30, 2007 from 8:30 am – 1:00 pm. It will be a day filled with interactive learning and fun! Each student will have the opportunity to spend time in the cadaver anatomy lab as well as rotating through stations to learn about the practice of athletic training. If you have high school athletic training students and would be interested in bringing them to this fun filled day, please contact Bethany Rogers ([brrogers@atsu.edu](mailto:brrogers@atsu.edu)) or Danelle Dykstra ([ddykstra@atsu.edu](mailto:ddykstra@atsu.edu)) for more information.

**Student Corner****Amy Freeman, ATC and Bethany Rogers, ATC**

## Top Ten Ways to Celebrate Athletic Training Month

1. Hang up your National Athletic Training Month Poster
2. Present one fact a day about the profession to your students or co-workers
3. Send an athletic training e-card
4. Order brochures, flyers or readings that provide information about ATC's
5. Use logos on letterhead to show how proud you are to be an athletic trainer.
6. Use time daily to answer question from students, athletes or patients on what an athletic trainer is.
7. Correct people when they call you "trainer" and not "athletic trainer" and explain the difference.
8. Hold fun activities at school to get the word out to the general population.
9. Purchase promotional items to help show off your pride in the profession.
10. Have fun and be proud of our profession and set a great example of what an ATC is and what our profession is about.

**Send us your pictures and stories of  
how you and your organization  
celebrated Athletic Training Month!**



## ARIZONA ATHLETIC TRAINERS' ASSOCIATION

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### Safe in Sports

Visit us on the web  
[www.azata.net](http://www.azata.net)

Printed copies of the Athletic Training Times are available by request. Please contact the newsletter editor.

## Editor's Notes

As you probably noticed, the newsletter has taken on a little design change at the request of the board. We have also added the student corner and encourage submission by high school and college student members. We've added a member profile section and if you would like to suggest an ATC for us to profile, please contact Amy, Bethany, or Tamara.

Tamara Valovich McLeod: [tmcleod@atsu.edu](mailto:tmcleod@atsu.edu)

Amy Freeman: [amfreeman@atsu.edu](mailto:amfreeman@atsu.edu)

Bethany Rogers: [brrogers@atsu.edu](mailto:brrogers@atsu.edu)

The newsletter will continue to be published 4 times throughout the year (June, September, December, and March) with the deadlines for submission for each issue listed below.

<u>Issue</u>	<u>Submission Deadline</u>
September	August 20
December	November 20
March	February 20
June	May 20

Safe in sports,

*Tamara*